Failures of Host Defense Mechanisms

Based on Janeway's Immunobiology Book (9th Edition), by Kenneth Murphy, Casey Weaver - Chapter 13

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18.06.2025



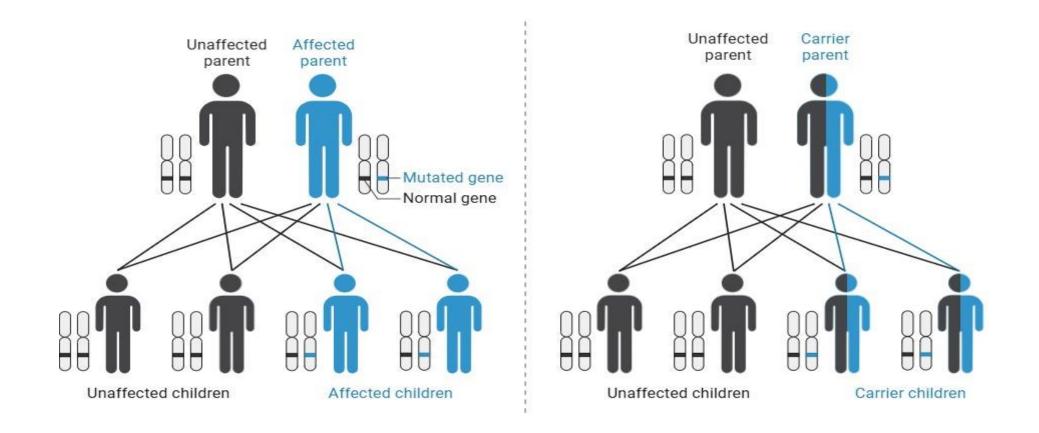
RUB

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I. Immunodeficiency diseases

II. Evasion and subversion of immune defenses III. Acquired immune deficiency syndrome

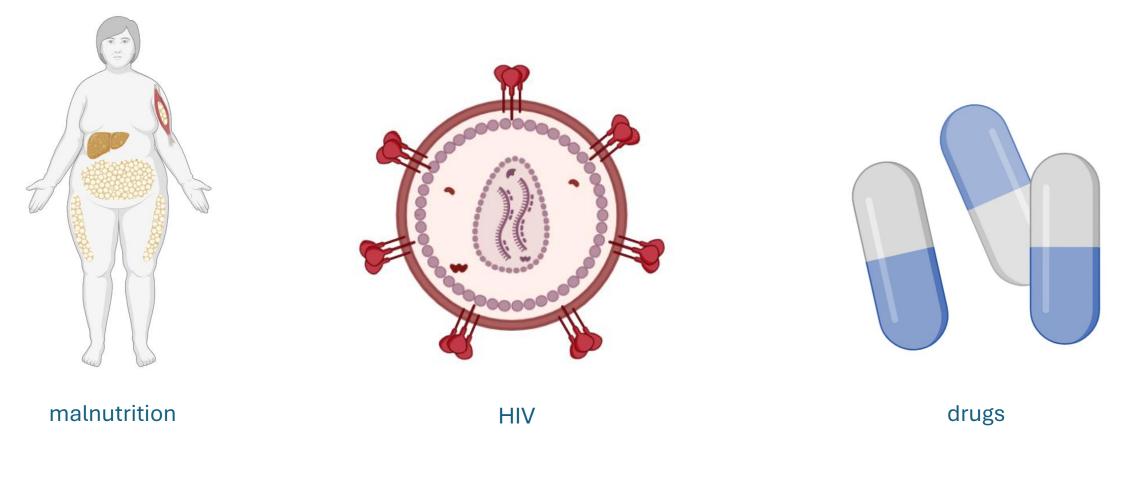
What Are Immunodeficiencies?



Primary: Inherited genetic defects (approx.150 syndromes)



What Are Immunodeficiencies?

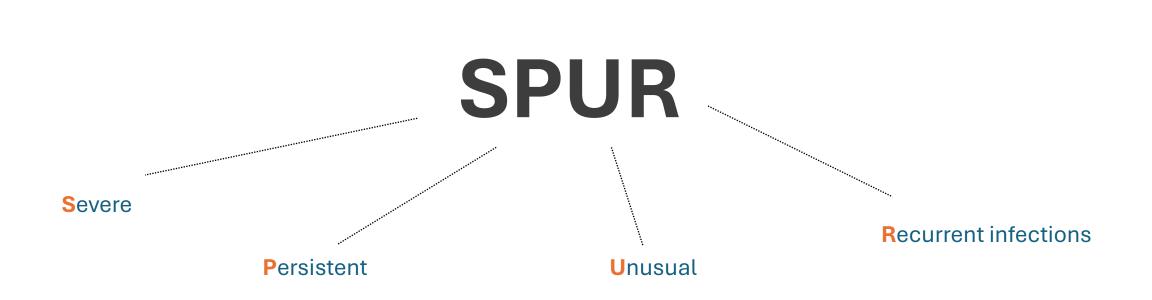


Secondary: Acquired



What Are Immunodeficiencies?

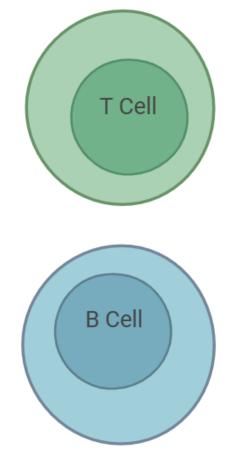
Clinical Recognition :





Immunodeficiencies Categories

- T-cell defects (SCID)
- B-cell/antibody defects
- Cytokine pathway defects
- Lymphoproliferative disorders
- Dendritic cell & innate immunity defects
- Autoinflammatory diseases
- Treatment





SEVERE COMBINED IMMUNODEFICIENCY (SCID)

Most Severe Immunodeficiency

- **Combined** = T-cell & B-cell immunity affected
- Fatal without treatment "Bubble boy disease"



https://time.com/5573015/gene-therapy-bubble-boy-treatment





https://www.researchgate.net/figure/Photograph-of-a-4-month-old-patient-with-SCID-complicated-by-systemic-disseminated-BCG_fig1_383281865

https://link.springer.com/article/10.1007/s10875-022-01337-y

X-linked SCID

ADA deficiency

SEVERE COMBINED IMMUNODEFICIENCY (SCID)

X-linked SCID

Mechanism

Gene: IL2RG (γc chain of IL-2 receptor)

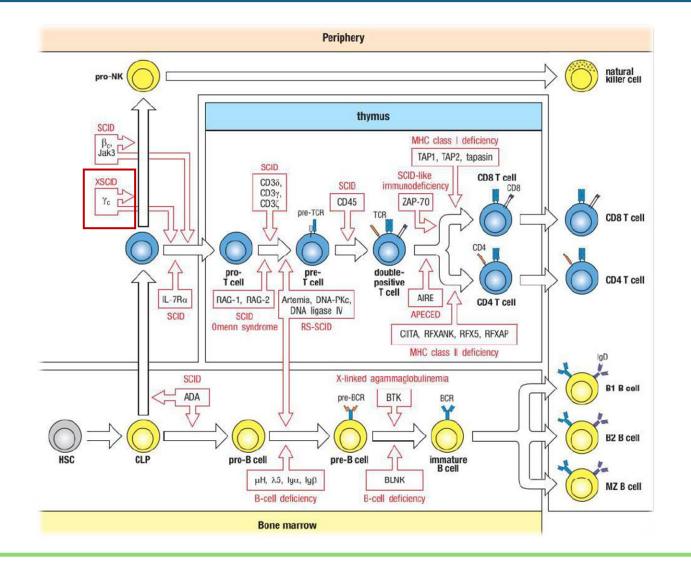
Problem: T-cells can't develop in thymus

Pattern: T⁻ B⁺ NK⁻ (no T-cells, no NK cells)

- **Clinical Presentation**
- Male infants (X-linked inheritance)

Symptoms after 6 months

Chronic diarrhea + persistent thrush

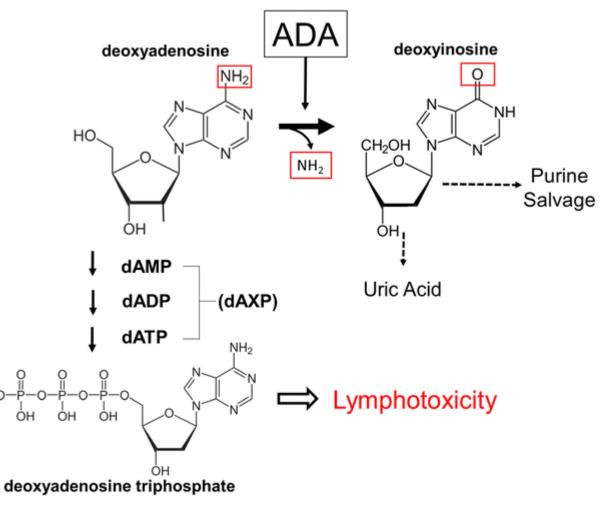




SEVERE COMBINED IMMUNODEFICIENCY (SCID)

ADA Deficiency

- Mechanism: Toxic adenosine metabolites kill lymphocytes
- Pattern: Affects ALL lymphocytes (T⁻ B⁻ NK⁻)



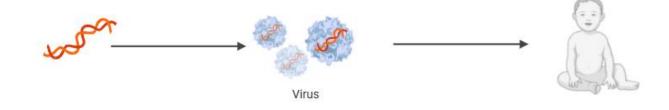


SCID Treatment Strategy

Curative Treatments

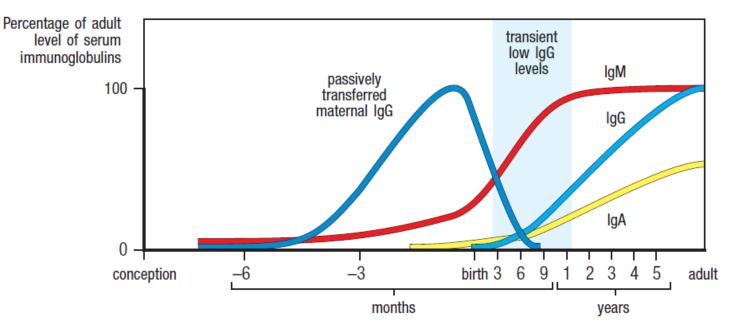
- Bone marrow transplant: Near 100% cure if done early
- Gene therapy: Fix genetic defect directly
- Key Message: Early diagnosis + treatment = Normal life expectancy







- B-Cell Defects Overview
- **Antibody Production Failures**
- Most common primary immunodeficiencies
- Pattern: Recurrent respiratory tract infections
- Maternal IgG protects first 6 months
- Symptoms when maternal protection wanes

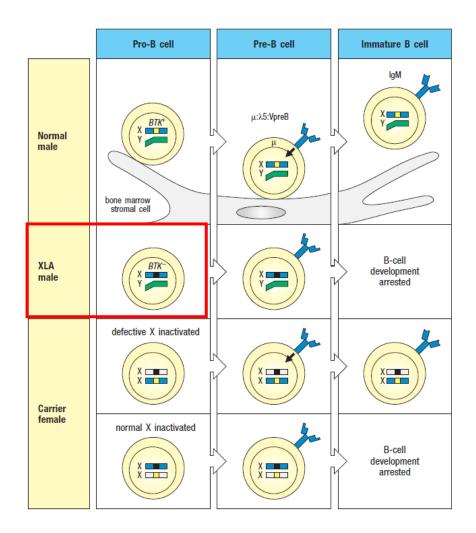




- X-linked Agammaglobulinemia (XLA)
- Gene: BTK (Bruton's tyrosine kinase)

Problem: B-cell development stops at pre-stage

- Result: No mature B-cells, no antibodies
- Clinical Features
- Male patients (X-linked)
- Absent/tiny tonsils (no B-cells to populate them)
- **Recurrent sinopulmonary infections**
- Normal viral immunity initially (T-cells work)





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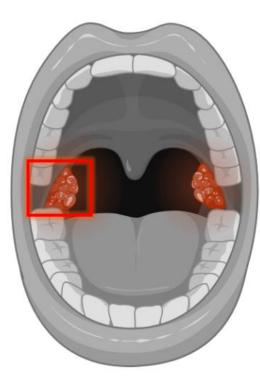
Clinical Features

Male patients (X-linked)

Absent/tiny tonsils (no B-cells to populate them)

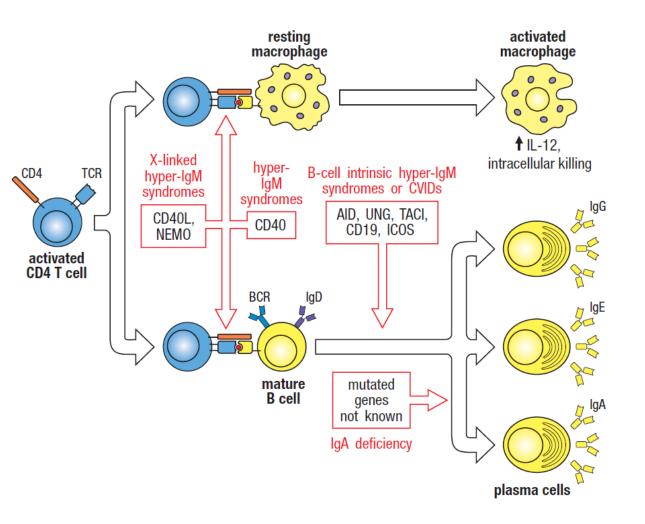
Recurrent sinopulmonary infections

Normal viral immunity initially (T-cells work)





- Hyper-IgM Syndromes
 - Most common: CD40 ligand deficiency (X-linked)
 - **Problem:** Can't switch from IgM to IgG/IgA/IgE
- Pattern: High IgM, low other antibodies
- Clinical Features
- **Opportunistic infections** (Pneumocystis)



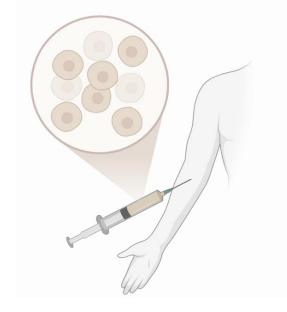


TREATMENT & GLOBAL IMPACT

Hematopoietic Stem Cell Transplantation

Replace defective immune system

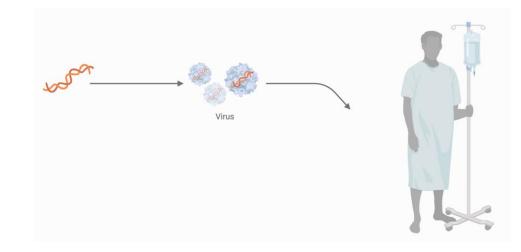
Near 100% cure for SCID if done early



Gene Therapy Breakthroughs

ADA-SCID

Patient's own cells, no rejection



Key Takeaways

Scientific Insights

- T-cells are central to all adaptive immunity when they fail, everything collapses
- Infection patterns are diagnostic bacterial vs viral susceptibility reveals defect type
- **Timing matters** maternal antibodies protect first 6 months, then vulnerability begins

Clinical Pearls

- SCID: "Combined" immunodeficiency, fatal without treatment, but 100% curable if caught early
- **B-cell defects**: Most common primary immunodeficiencies
- X-linked diseases are predominant in male infants

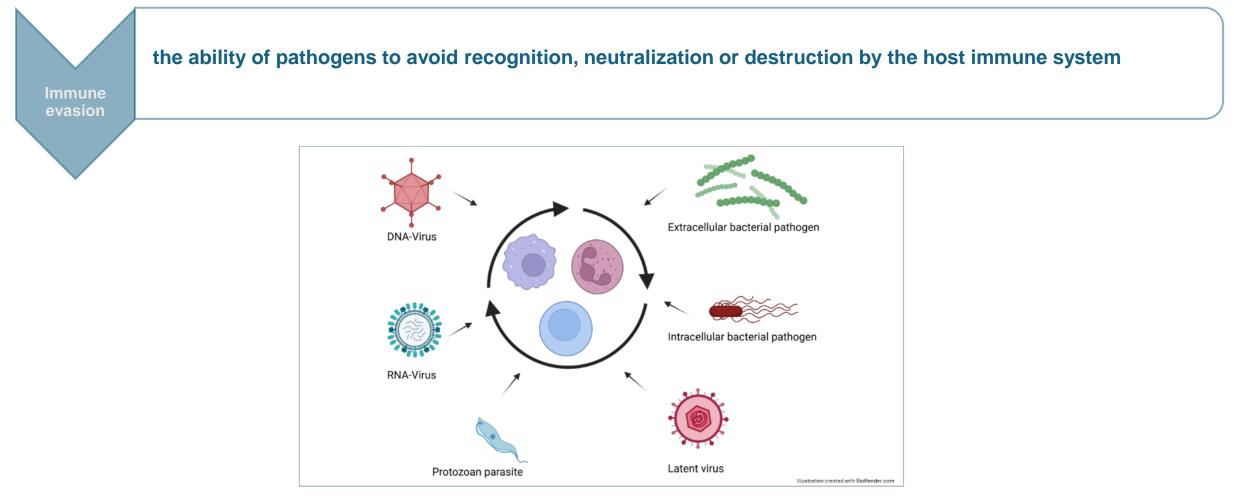
Treatment Revolution

- Early intervention saves lives outcomes depend on timing
- **Bone marrow transplant**: Curative for severe immunodeficiencies
- Gene therapy: Breakthrough using patient's own cells (ADA-SCID success)

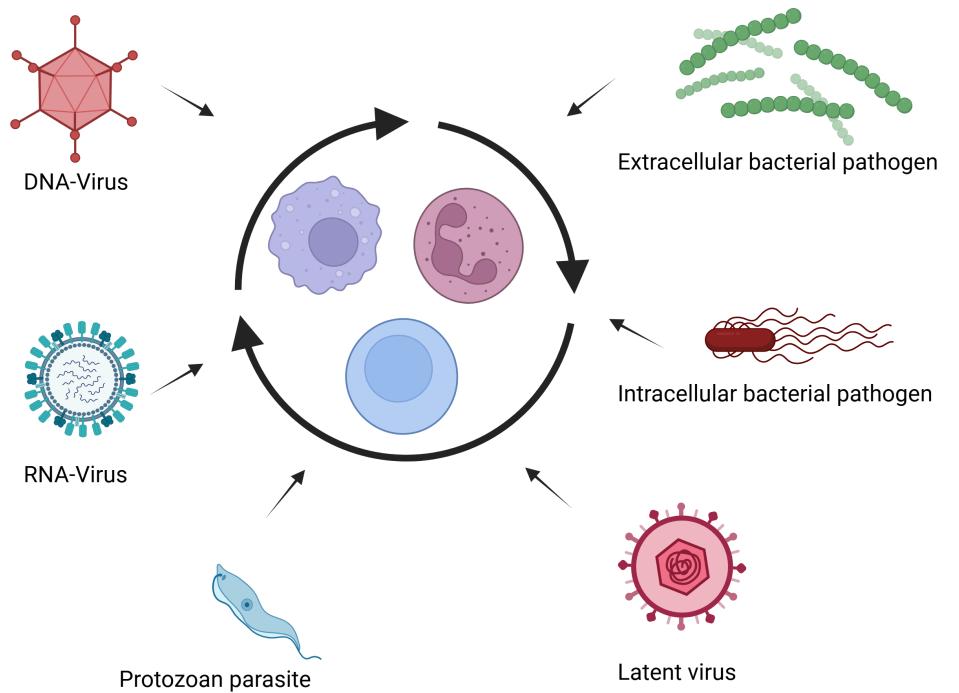


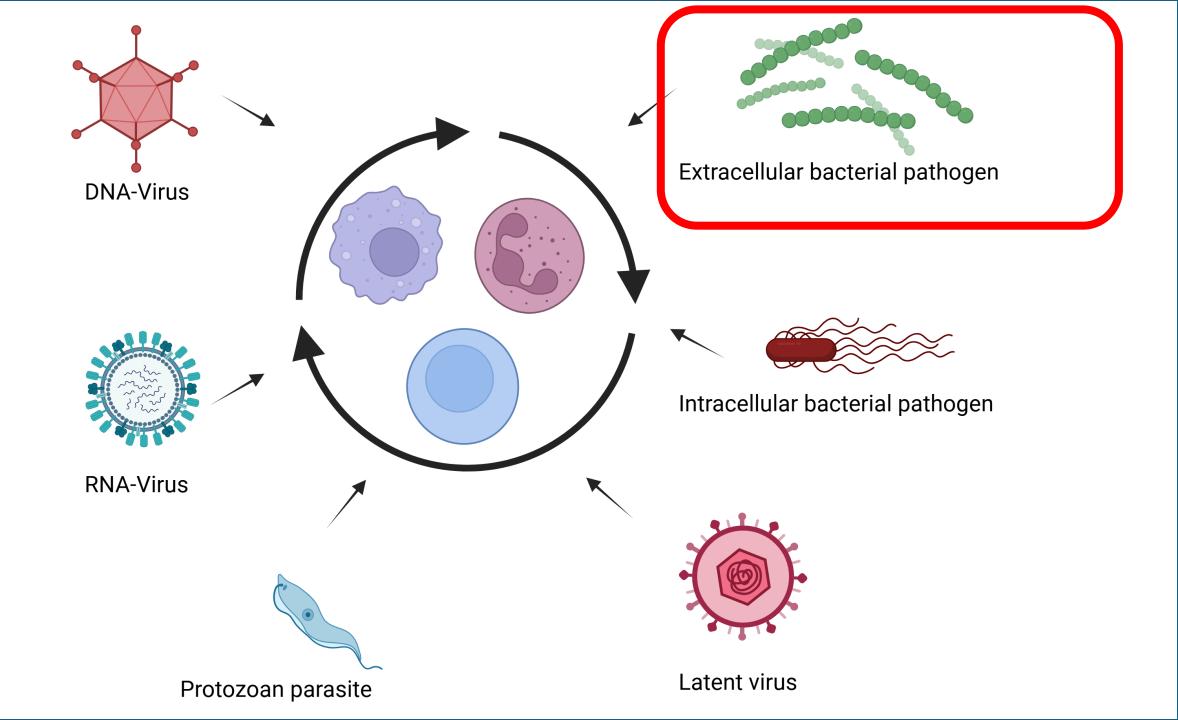
I. Immunodeficiency diseases **II. Evasion and subversion of immune defenses** III. Acquired immune deficiency syndrome

How Pathogens Outsmart the Immune System

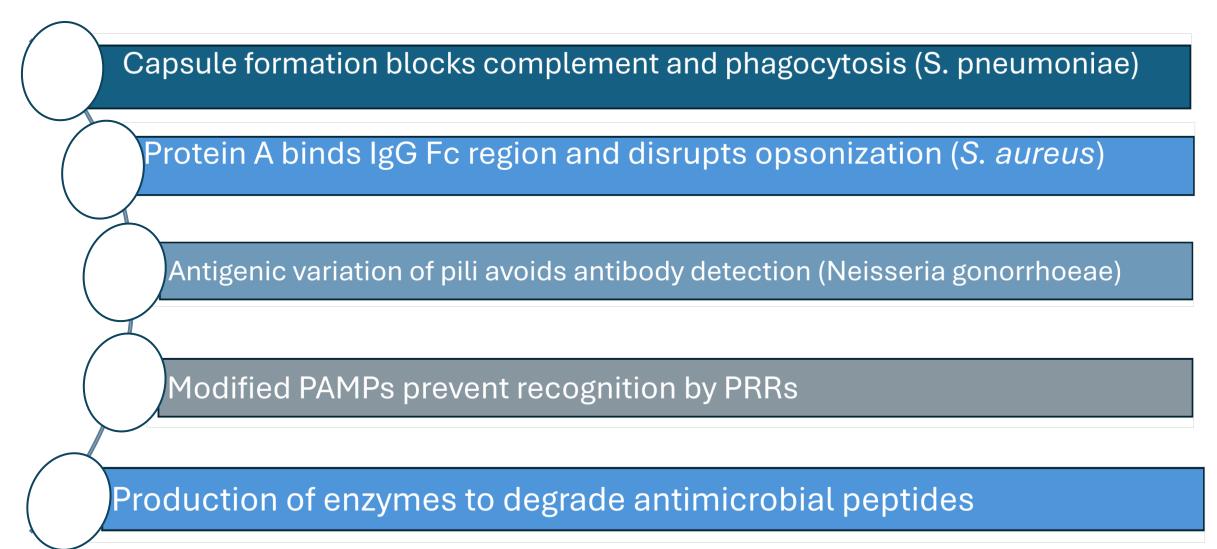




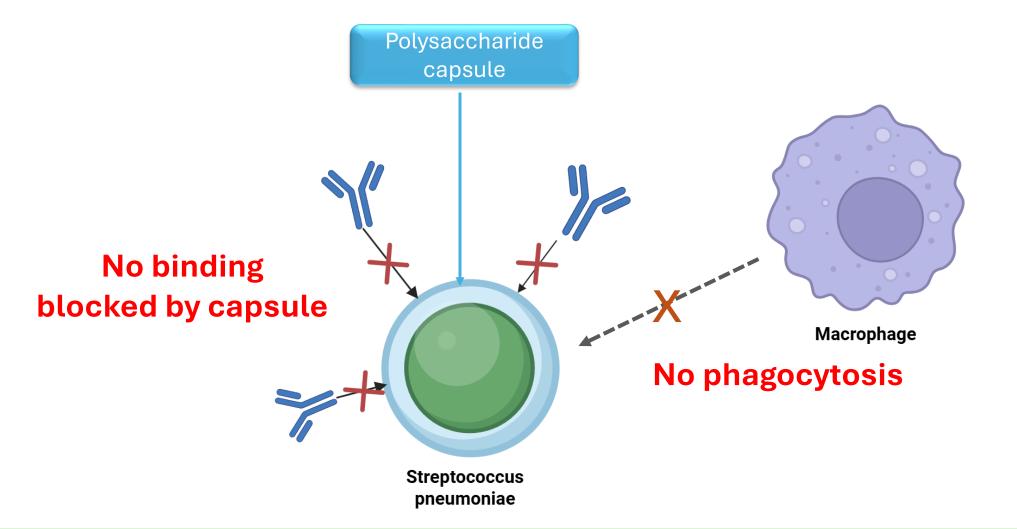




Extracellular Bacterial Pathogens

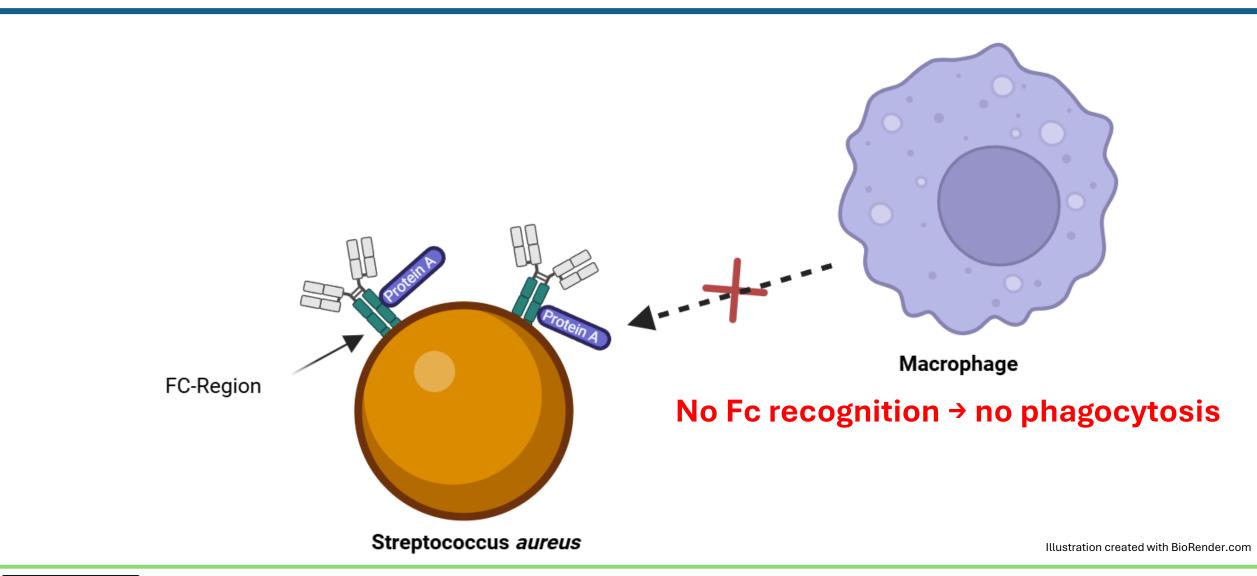


Capsule formation blocks complement and phagocytosis (S. pneumoniae)



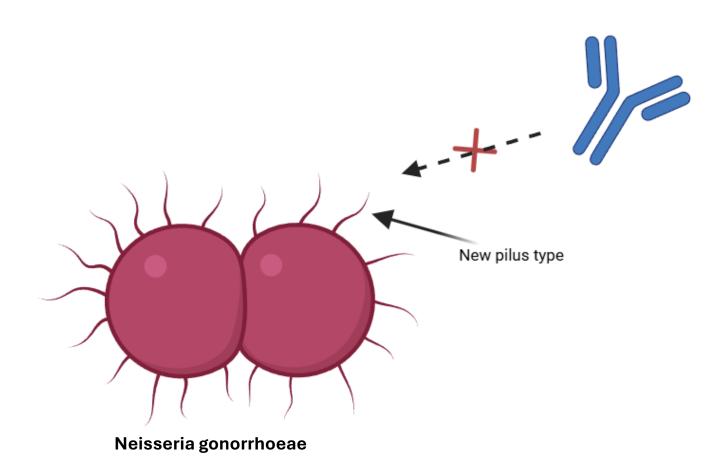


Protein A binds IgG Fc region and disrupts opsonization (S. aureus)





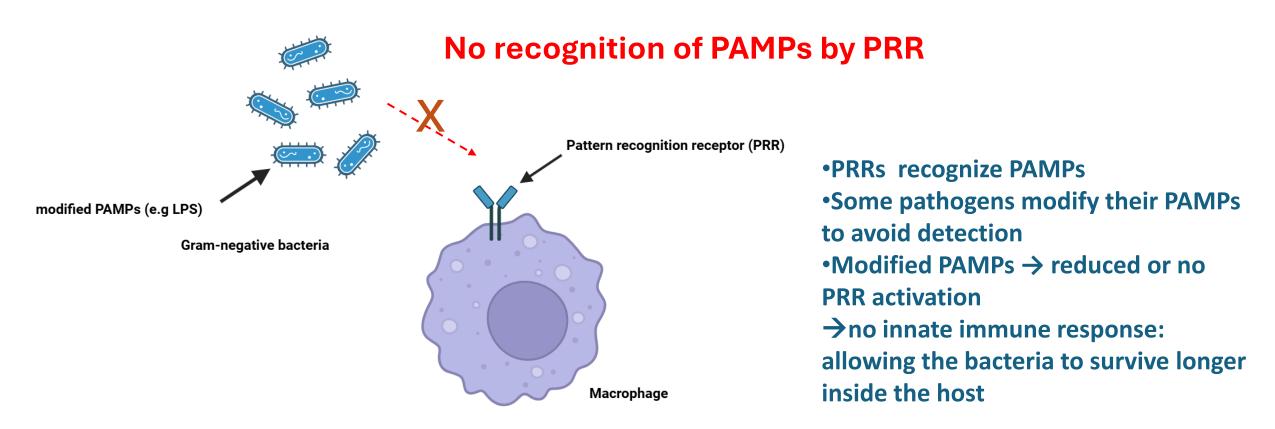
Antigenic variation of pili avoids antibody detection (Neisseria gonorrhoeae)



- The bacterium changes pili structure via antigenic variation
- Gene conversion creates new pilus types
- Result: Old antibodies can't bind → immune escape
- The immune system must start a new response



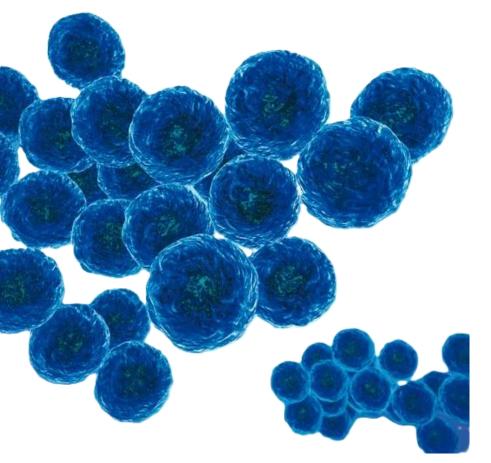
Modified PAMPs prevent recognition by PRRs



PRRs= Pattern Recognition Receptors PAMPs= Pathogen-Associated Molecular Patterns



Production of enzymes to degrade antimicrobial peptides

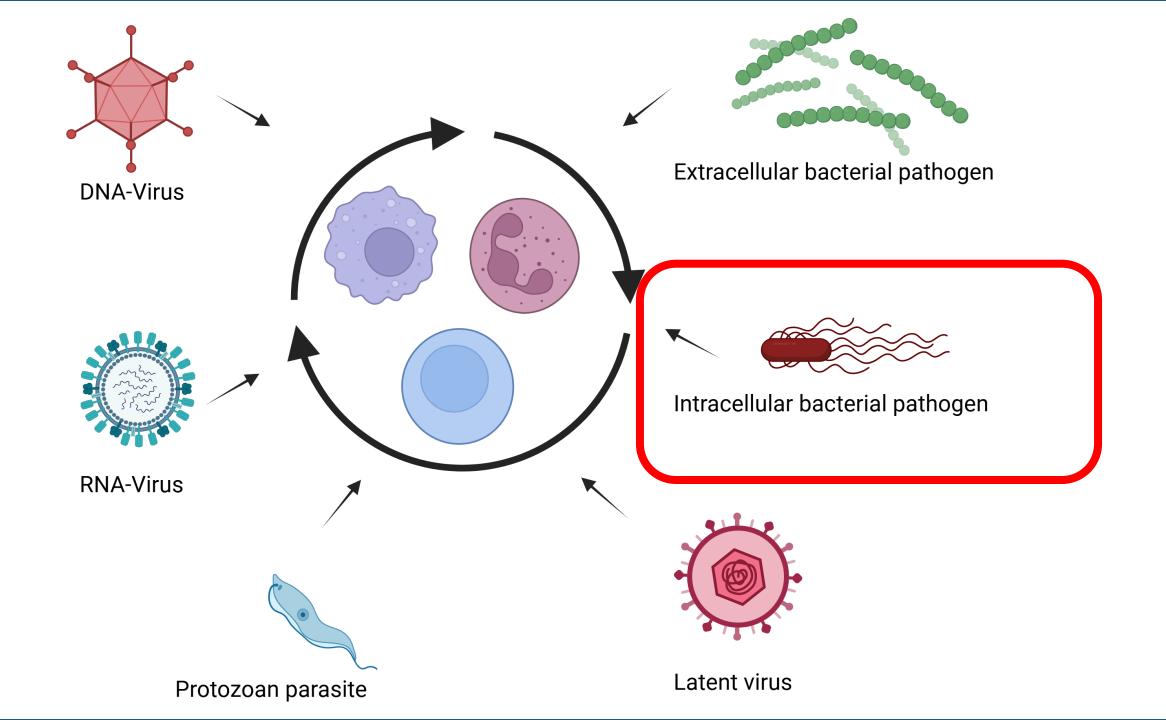


Staphylococcus aureus

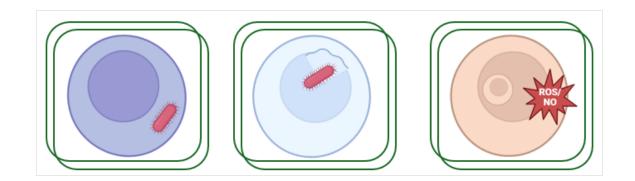
https://www.hartmann-science-center.com/de-de/hygienewissen/erregersuche-von-a-z/pathogens-19/staphylococcus-aureus



- Antimicrobial Peptides disrupt bacterial membranes
 Some bacteria produce proteases that degrade
 AMPs
- •This neutralizes the antimicrobial effect
- •Result → survival in host tissues
- •Examples: Staphylococcus aureus, Pseudomonas aeruginosa

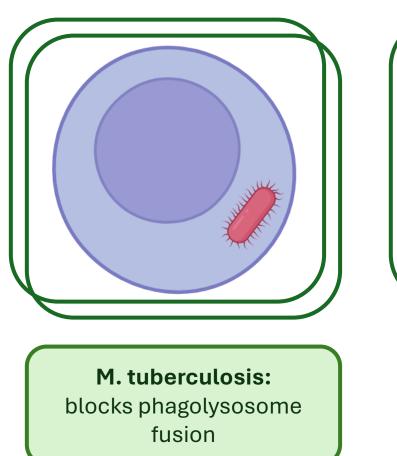


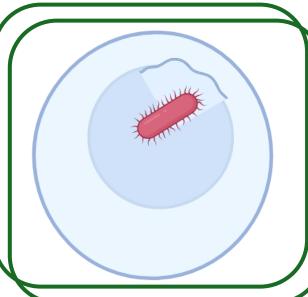
some bacterial pathogens survive inside host cells
Avoid antibodies and complement
Intracellular lifestyle provides immune protection



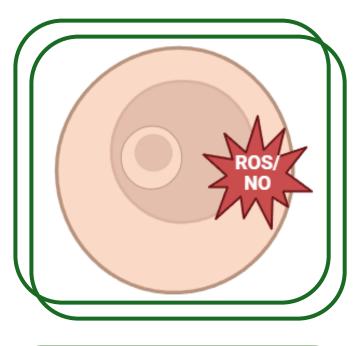


Mechanisms of survival



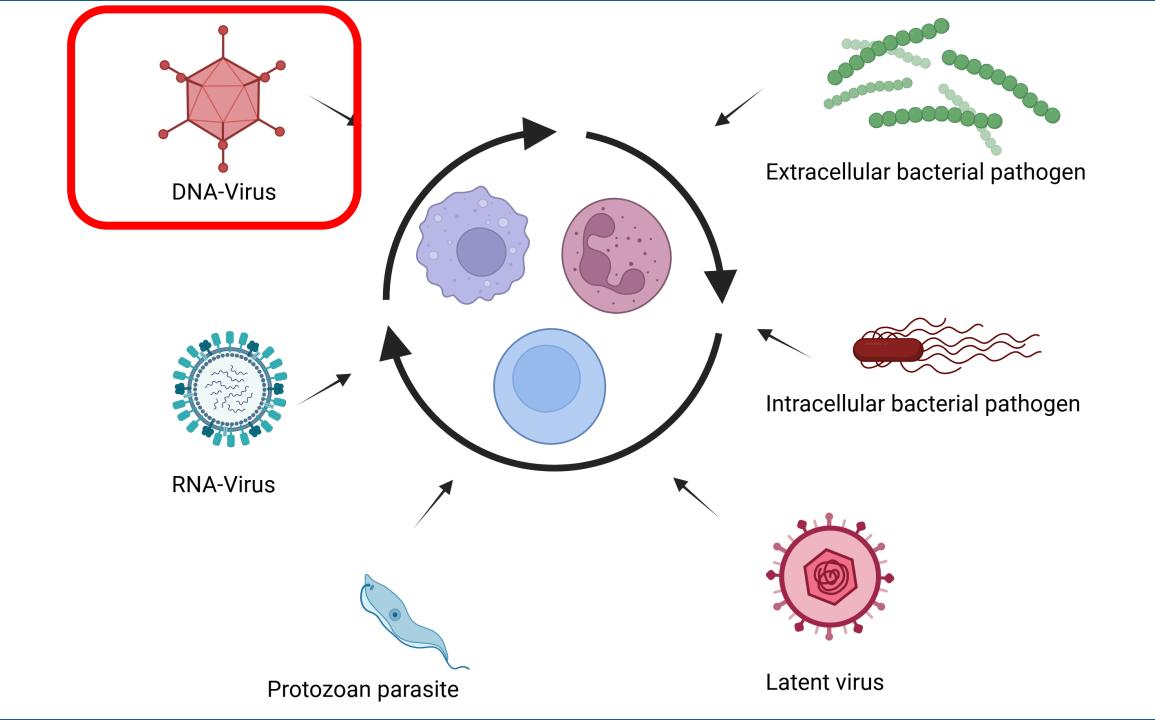


Listeria monocytogenes: escapes from phagosome into cytosol



Toxoplasma gondii: forms protective vacuole, resists ROS/NO





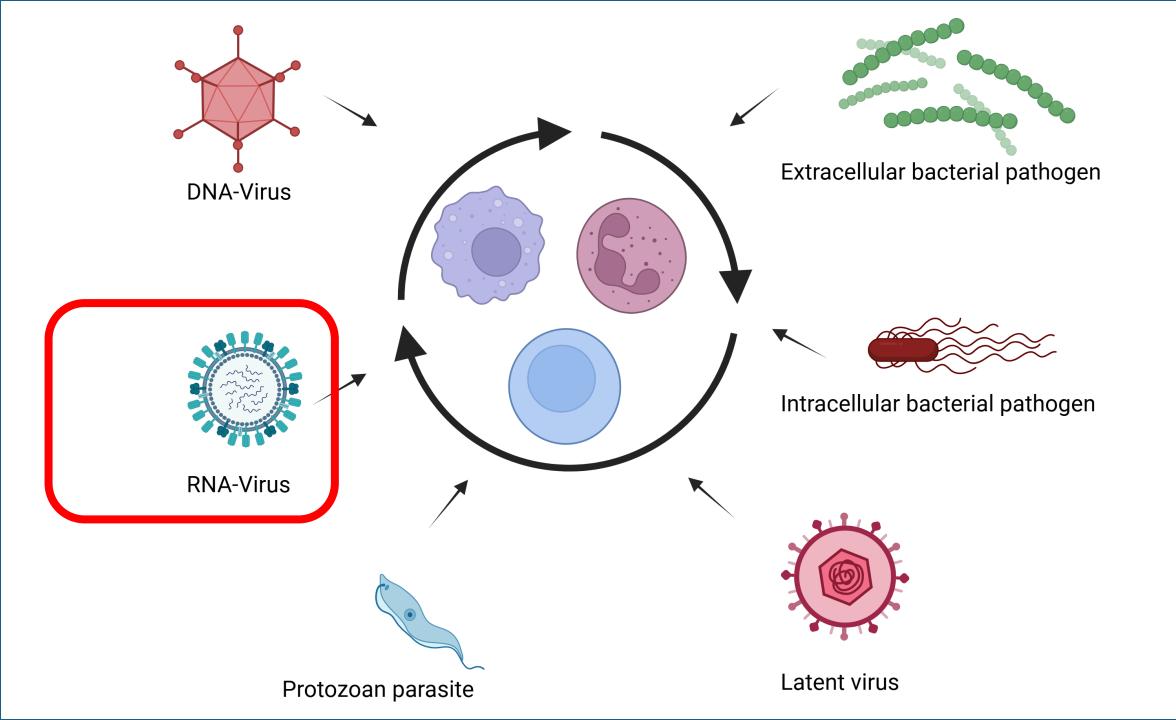
DNA Viruses

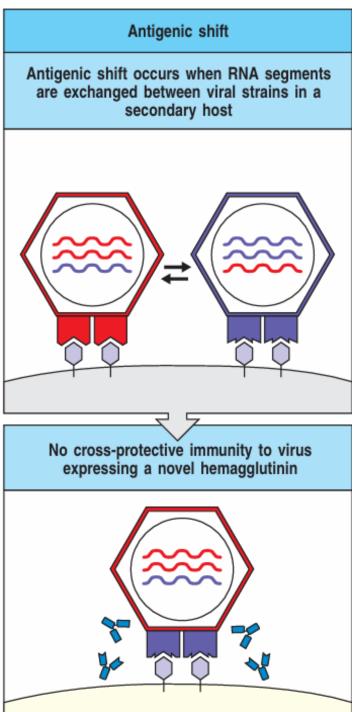
Block MHC I expression → CD8⁺ T cells can't detect infected

cells

- Produce cytokine inhibitors
- Inhibit apoptosis to keep host cell alive
 - Evade Natural Killer cells activation
- Examples: Cytomegalovirus, Epstein-Barr Virus







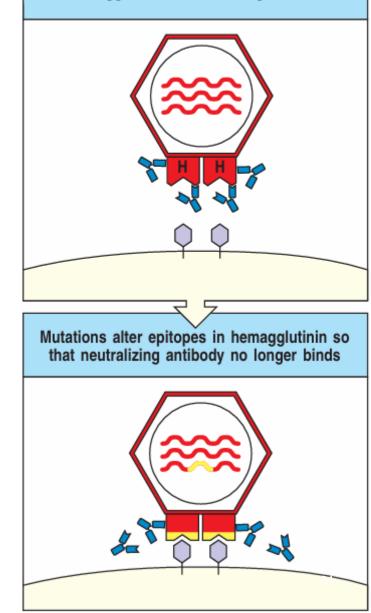
RNA Viruses

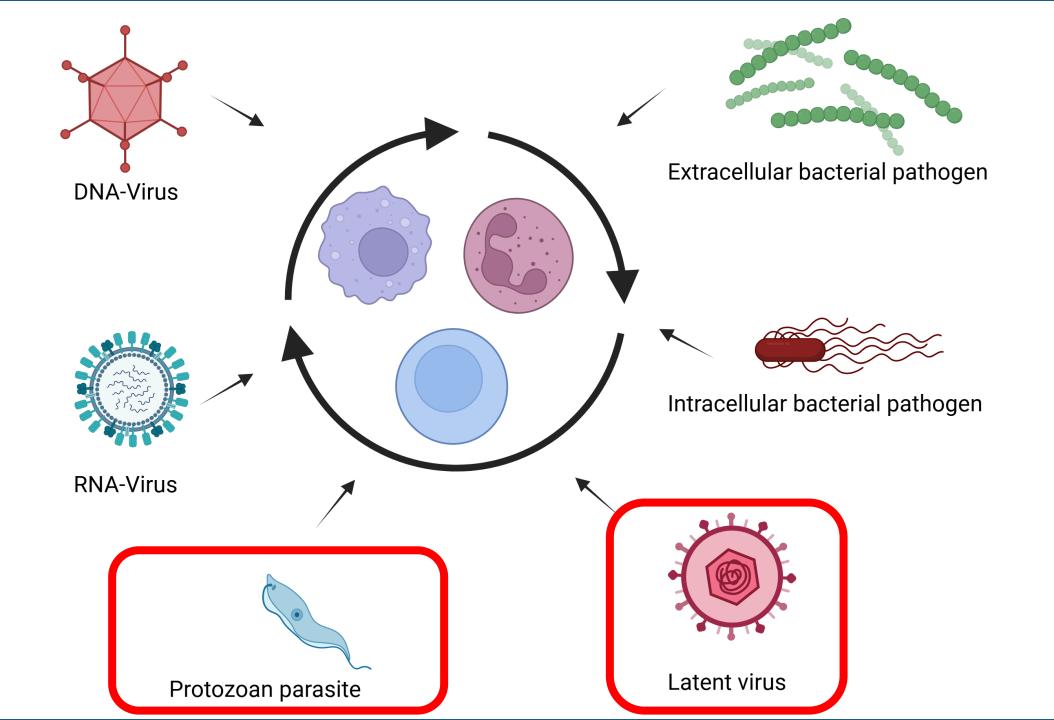
Antigenic shift and drift

Example: Influenza Virus

Antigenic drift

Neutralizing antibodies against hemagglutinin block binding to cells





Long-term immune evasion: Parasites and latent viruses

	Protozoan Parasites	Latent Viruses
Examples	Trypanosoma, Plasmodium	Herpes Simplex Virus, Epstein- Barr Virus
Main Strategy	Antigenic variation	No antigen expression
Immune Evasion	Escape from antibodies	Escape from T cell detection



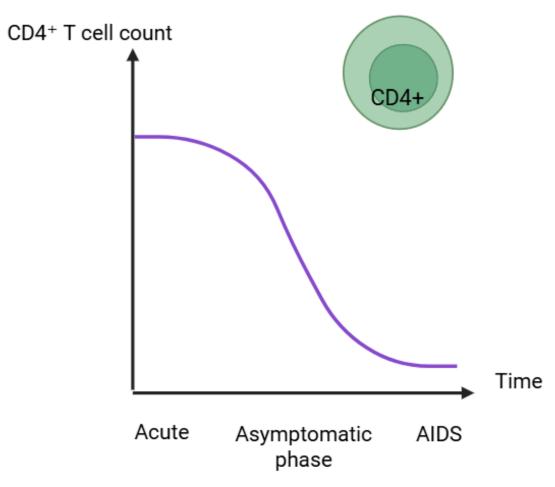
Key Takeaways

- •Pathogens use diverse strategies to evade the immune system
- •Extracelullar Bacteria: capsules, antigenic variation, enzyme secretion
- •Intracellular pathogens: hide in host cells, block degradation
- •RNA Viruses: antigenic drift and shift
- DNA Viruses: Interfere with MHC-I, cytokines, apoptosis, and NK cells
- •Parasites & latent viruses: escape through antigen switching or latency



Immunodeficiency diseases
 II. Evasion and subversion of immune defenses
 III. Acquired immune deficiency syndrome

What is AIDS (Acquired immune deficiency syndrome)?

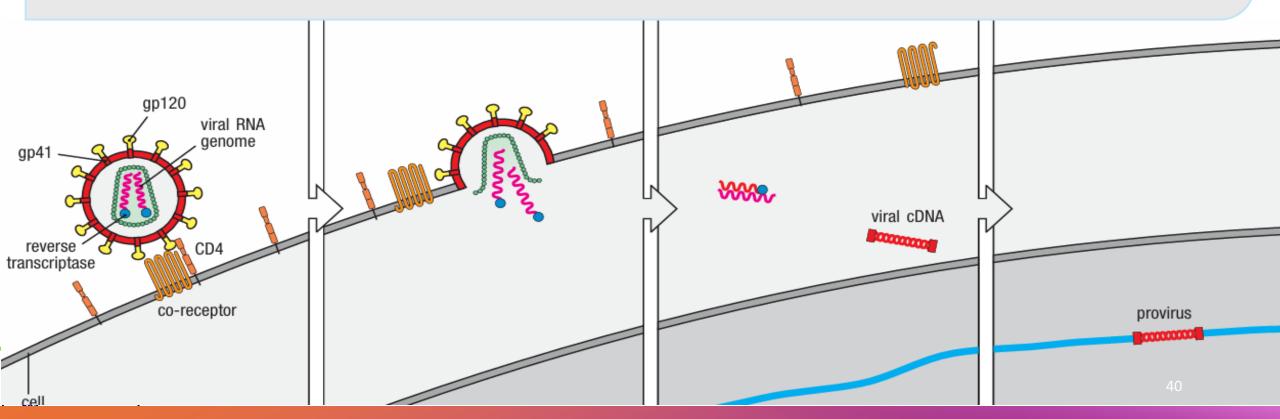


- AIDS = final stage of HIV infection
- Severe loss of immune function
- Mainly affects CD4⁺ T cells
- Patients can easily get infections and some
 - types of cancer.



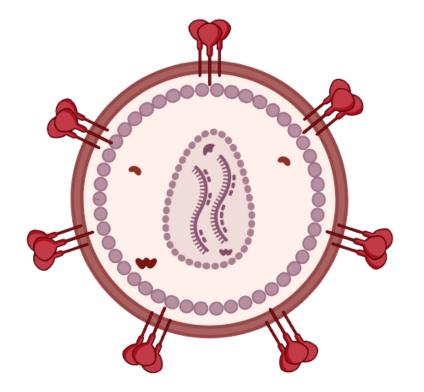
HIV structure and target cells

•HIV is a retrovirus with an RNA genome
•Infects CD4⁺ T cells, macrophages, and dendritic cells
•Envelope protein gp120 binds to CD4 receptor and CCR5/CXCR4 co-receptor
•Virus fuses with host membrane and releases RNA
•Reverse transcriptase converts RNA into DNA (cDNA)
•Viral DNA integrates into host genome as a provirus



Immune Evasion by HIV

- Antigenic variation: constant mutation of envelope proteins (e.g. gp120) → to escape antibody recognition
- Latency: HIV integrates into host DNA and hides as provirus
 → is invisible to immune cells
- The Nef protein from HIV hides infected cells by lowering MHC-I, which prevents recognition by CD8⁺ T cells
- Fewer CD4⁺ T cells lead to a weaker and failing immune system.





Key Takeaways

•HIV is a retrovirus that targets CD4⁺ T cells

•It evades immunity through mutation, latency, and MHC-I downregulation

•Progressive CD4⁺ T cell loss leads to immune collapse

•AIDS patients suffer from opportunistic infections and cancers



