Native Americans

A presentation by: Sarah Knight and Brittany Mullett or the Access Program November, 2011



Eastern







The Native Americans on the East coast were fishermen and farmers. They were the first to encounter many of the Europeans who came to settle in the new world.

Plains



Tribes in the plains, the middle of North America, largely hunted bison. They were famous for their encounters with pioneers in the 1800's sparking many long wars.



Northwestern

The peoples of the Pacific Northwest were fishermen. They lived in longhouses designed to keep them dry from the rain. Totem Poles were a traditional art practiced.

Totem Poles



Arctic



Alaskan Natives made their clothes and homes to battle the cold temperatures. Ice fishing and snowshoeing were common in the winter.



Southwestern









Southwestern Native Americans made their homes and pots out of clay. They are also famous for making colorful jewelry.

Beliefs and Values

- Strong connection to nature using resources from Mother Earth in moderation
- Respect for elders
- Code of Ethics
- Land is not property to be owned by one, but a resource to be shared with all.

All things share the same breath - the beast, the tree, the man, the air shares its spirit with all the life it supports. *Chief Seattle*

Code of Ethics

- Respect all things that are placed upon this earth—whether it be people, animal or plant. Honor the Spirit in all things.
- Nature is not *for* us, it is a *part* of us. They are part of your worldly family.
- Children are the seeds of our future. Plant love in their hearts and water them with wisdom and life's lessons. When they are grown, give them space to grow.
- Be true to yourself first. You cannot nurture and help others if you cannot nurture and help yourself first.
- Respect others religious beliefs. Do not force your belief on others.
- Share your good fortune with others. Participate in charity. Be willing to *give back* to the people, so that People will live.
- Be truthful at all times. Honesty is the test of ones will within this universe.
- Treat the guests in your home with much consideration. Serve them the best food, give them the best bed and treat them with respect and honor.
- Do not take what is not yours whether from a person, a community, the wilderness or from a culture. It was not earned nor given. It is not yours.

Fun Facts





Native Americans invented lacrosse, a sport now played internationally.



The U.S. one dollar coin features Sacagawea, a famous native american woman. Another invention was the toboggan which is a favorite winter pastime.



